



## **Terry Fox Run**



**Today is our annual Terry Fox Run. Thank you for all the donations that have been sent in for cancer research!**

**General Stewart School - Lethbridge, AB | Terry Fox School Run**

**We will have an assembly at 9:00am and then as a school we will go on our walk around Henderson Lake.**

**"Hi!**

**I am Ms. Siena and I am so excited to introduce myself as the new Student Support Worker for General Stewart! I come to this role with an extensive background in psychology, including emotional regulation and social emotional learning, and in supporting families within the community. If you are curious about whether I can support your child or family with something, please do not hesitate to reach out! I will be doing classroom visits, or your child may be invited, with your consent, to join a small group to learn more about topics such as building friendships or developing coping skills. I am also available to work through issues one-on-one that may be getting in the way of your child's ability to be in the classroom. It is my hope that we can work together to set your child up for the best school experience possible – I look forward to meeting you!"**

**I can be reached at school or by email [siena.luckett@lethsd.ab.ca](mailto:siena.luckett@lethsd.ab.ca)**

## **Meet the General Stewart Wellness Team!**

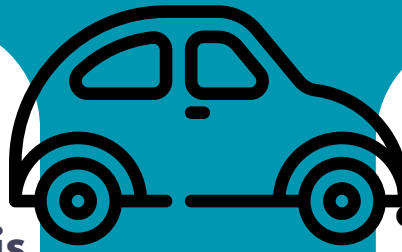
**Hi, I'm Stephanie McLennan, the Teacher-Counsellor at Mike Mountain Horse and General Stewart Elementary Schools. I was a teacher for eight years before obtaining my Master's Degree in Applied Psychology from the University of Lethbridge, which means I'm qualified to both teach and counsel students. I've been an Elementary School Counsellor for the past eight years with Lethbridge School Division. To learn more about me you can visit my online portfolio at <http://swimfanmartin.wixsite.com/mc-portfolio>**

**Lethbridge School Division is unique and ahead of the curve in terms of wellness supports offered to students. The Division prides itself on providing students with access to Universal, Targeted, and Individual Support at school. This means that all students have wellness infused into their programming, whether it be through lessons supported by the Wellness Team, targeted groups that some students are invited to join based on themes of need, or one to one brief solution-focused time with a counsellor.**

**I am at General Stewart on Thursday each week and can be reached at the school or by email at [stephanie.mclennan@lethsd.ab.ca](mailto:stephanie.mclennan@lethsd.ab.ca)**

## Looking to Volunteer?

Our school loves volunteers. Whether helping in the classroom, on field trips or helping behind the scene, there is always a way to support. Please reach out to your classroom teacher to find out the best way to help. All volunteers working with students require a completed yearly volunteer form which you can get from the office.



## Traffic Safety Corner!

When dropping off and picking up students, please refrain from U-Turns and parking on the crosswalk.

## Hot Lunches

All orders are submitted via School Cash online (available on the website) and need to be in the week prior to hot lunch.

Are you interested in coaching grade 5 volleyball? It is scheduled to run Tuesday and Thursday afterschool from Nov. 3-Nov. 27

## Important Dates:

**Monday September 15- School Council Meeting 7:00pm** in the Learning Commons. All parents/guardians are encouraged and welcome to attend.

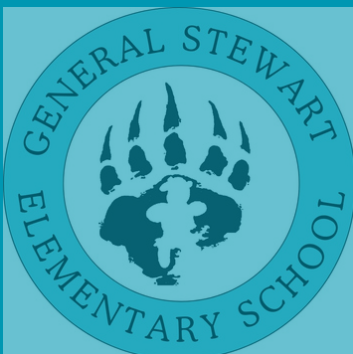
**Tuesday September 16- School Picture Day**

**Wednesday September 17- Hot Lunch: Quiznos-**

Order via School Cash Online <https://lethbridge.schoolcashonline.com/> by September 10

**Monday September 29-** Division Orange Shirt Day

**Tuesday September 30-** National Day for Truth and Reconciliation  
NO SCHOOL



Weekly updates will come out on Fridays so that all our families can be aware of what is happening in the upcoming week!

**WWW.GS.LETHSD.AB.CA**